



COVID-19 International Student Travel, Arrival and Quarantine Guide

The primary priority of EduGlobal College is the health and safety of our students. We are also obligated to follow the regulations and recommendations of various authorities, including the Government of Canada, and the Government of British Columbia and local Fraser Health public health authorities.

The Government of Canada has put in place an emergency order under the Quarantine Act which applies to all travellers arriving in Canada. Its purpose is to slow the spread of COVID-19 in Canada. Failure to comply with this order is an offence under the Quarantine Act.

When you arrive at the border, you will need to prove to the Canadian Border Services Agency (CBSA) officers that your trip is essential at this time.

You also need to have an adequate plan to quarantine for two weeks. An adequate plan includes a plan to get from the airport to the government-authorized hotel, a plan to get to the second location where you can safely self-isolate for the remainder of the 14-day quarantine period in accordance with government guidelines and plans for how you will access food and any other necessities required during your self-isolation. Failure to meet these requirements may result in being denied entry to Canada.

You must bring:

- A valid study permit or a port of entry letter of introduction that shows you were approved for a study permit
- A valid letter of acceptance (LOA) from our institution
- Proof that you have enough money to support yourself and any family members who come with you to Canada
- Proof of a negative or positive COVID-19 molecular test result to present to the airline prior to boarding a flight to Canada
- Proof of reservation at a government-authorized hotel for 3 nights at port of entry prior to departure to Canada

It is important that you have supporting documentation to prove these requirements listed above. A CBSA officer will make a final decision on your eligibility to enter Canada when you arrive.

Additionally, IRCC states that travelers to Canada should be travelling for an essential (non-discretionary) purpose. Whether you are using a homestay or making your own self-isolation arrangements, please be sure to review the information in this guide prior to your arrival.

Important note: DO NOT come to campus until AFTER you have completed your 14-day quarantine

Only students enrolled in our ESL Program may enter the campus.

Pre-Arrival:

Please ensure that you check off every item on this list prior to booking your flight.

- To confirm that your travel is considered essential, you can email or call Canada Border Services Agencyatcontact@cbsa.gc.ca or 1-204-983-3500. If you are calling, ask for the agent's badge number.
- Preview all of this COVID-19 International Student Travel, Arrival and Quarantine Guide.
- Complete the [BC Self-Isolation Plan](#) & submit it online or download a PDF version of the form.
- Download and complete the [ArriveCAN](#) app.
- Ensure that you have documentation of a negative PCR (polymerase chain reaction) COVID-19 test taken within 72 hours prior to departure.
- Book a government-authorized hotel at your own expense for your first 3 days of quarantine.
- For your self-isolation plans, make your own self-isolation arrangements in accordance with Government of Canada and Province of BC regulations. Public and communal living areas must be avoided such as hostels and residences with shared living accommodations which are not acceptable for quarantine or isolation.
- Make sure that you have private or early-arrival medical insurance which will cover you during the mandatory self-isolation period.
- Have documented proof for your reasons for travelling to Canada (i.e. internet, housing issues)
- Purchase a supply of reusable or disposable non-medical masks to bring with you.
- Review and understand the self-isolation requirements as outlined by the BC Centre for Disease Control / BC Ministry of Health, also outlined in this Guide (below).
- If you are ill, do not attempt to travel to Canada.

When Travelling

- Passengers on all flights departing or arriving at Canadian airports will be required to demonstrate they have the necessary non-medical mask or face covering during the boarding process otherwise they will not be allowed to continue their journey.
- When travelling by other modes of transportation such as Uber, Lyft, etc., travellers must wear non-medical masks or face coverings.
- You should also bring, in your carry-on luggage, at least 2 masks, a travel-sized bottle of hand-sanitizer and disinfecting wipes.
- While travelling, you should also:
 - Practice social distancing/physical distancing.
 - Wash your hands frequently
 - Use hand sanitizer when necessary (where hand washing is not possible)
 - Sanitize your personal space and high-touch areas such as seat belts and tray tables

- Touch as few surfaces as possible
- Keep your cell phone charged, in case of travel delays/changes

Canada's **mandatory quarantine/self-isolation instructions** for travelers returning to Canada without symptoms outlined in this [document](#).

Canada's **mandatory isolation instructions** for travelers returning to Canada with symptoms outlined in this [document](#).

Entering Canada

When arriving at the Canadian airport, you must have the documents outlined under Pre-Arrival(above)ready in your carry-on luggage to provide to Canada Border Services. Students will also be required to undergo a screening by a border services or quarantine officer to assess travellers for symptoms.

Entering Canada through Vancouver

If you are entering Canada through the Vancouver International Airport (YVR), in addition to the ArriveCAN app, you will also need complete the BC self-isolation plan that can be submitted online before, or when you arrive, or can be submitted in a paper form when you arrive. It is also recommended that you complete and submit the form online before the trip. After travelers complete the form online, they will receive a confirmation number and they need to carry that number with them when they travel. It is also recommended that you print out the self-isolation plan form to carry it with you while traveling. These guidelines could change, so before travelling to Vancouver International Airport make sure you check both the airport website and the provincial website for new mandatory travel questionnaires.

Under new requirements for air travel that take effect February 22, 2021, the Government of Canada has required all travellers to complete ALL OF THE FOLLOWING during your 14 days in Canada, all at your own expense:

1. You must take another COVID-19 molecular test on arrival in Canada. Please see the details [here](#).
2. You must spend your first 3 days in quarantine at a federal government-authorized hotel at your port of entry to Canada (see list of Government-authorized hotels [here](#)). Include the name of the hotel in your International Student Self-Isolation Plan Form and must present proof of having reserved and pre-paid for the accommodation through the ArriveCAN app.
3. Pay for the cost of the hotel stay, as well as all associated costs for: food, security, transportation and infection prevention and control measures.
4. You must self-monitor for symptoms of COVID during all 14 days, and report daily through the ArriveCAN app (see [here](#)).

5. With a clear COVID-19 test result, you can proceed to the quarantine site identified in your quarantine plan. You must complete the remainder of the 14-day quarantine at the second site.

7. Ten days into your quarantine, you will use a take-home COVID test provided to you at arrival in Canada. A further clear result is required before leaving quarantine at 14 days.

Arriving at YVR

- You will take a COVID-19 molecular test on arrival.
- Wear a fresh mask and wash/sanitize your hands; you must always wear a mask at YVR.
- Pick up baggage while maintaining physical distancing.
- Don't plan to take public transportation (Skytrain/rapid transit); instead, take Uber/Lyft, find a private driver or acquaintance to pick you up.
- Go directly to the place where you will self-isolate, do not stop anywhere, and stay in your place of self-isolation for 14 days from the date you arrived in Canada.
- Do NOT go to the EduGlobal College campus. Students are allowed on campus once they have completed their self-isolation period.

During Self-Isolation

- Know your responsibilities while on quarantine [here](#).
- Ensure that EduGlobal College has your correct isolation address & telephone number before arriving in Canada by submitting an International Student Self-Isolation Plan Form.
- Communicate with EduGlobal College via our phone number 604-676-4333
- **EduGlobal College is required to contact you directly every day (Monday to Friday) one to two times per day during your self-isolation period to confirm that you are self-isolating. In order to make contact with you, a counselor from EduGlobal College will use the landline in the hotel room, your mobile phone number, or will schedule a Zoom check-in meeting. If EduGlobal College is unable to contact you or believes for any reason that you are not conforming to self-isolation requirements, the Academy is obligated to report your personal information and circumstances to IRCC and to Public Health.**
- You are also required to submit the daily assessment form provided to you prior to arrival via email to info@eduglobal.ca
- With a clear test result, you will continue to self-isolate for the remainder of the two weeks (14 days) self-isolation period at the place of accommodation identified in your quarantine plan.
- Ensure that you have appropriate financial means to pay for food/delivery/meals etc. during your self-isolation. This means that you have a credit card or debit card that you can use to pay for items since you may not be able to use cash.
- Limit contact with others in the place of isolation.

- Stay in a separate room and use a separate bathroom from others in your home if possible.
- Do not have visitors.
- Do not leave your place of isolation unless it is to get medical attention.
- Do not use public transportation (e.g., buses, taxis) during self-isolation.
- Do not go to AOL Surrey; students are not allowed on campus until after their self-isolation period. After the two-week isolation period, only students registered in our programs are allowed on campus.
- Do not go to work or other public areas during your self-isolation.
- Do not go into the community, including the grocery store and pharmacy.
- If you need groceries, medications, or other essential items, arrange for orders to be delivered. Have items left at the door to minimize contact.
- If you must be in contact with others, practice physical distancing and keep at least 2 meters (6 feet) between yourself and the other person.
- Stay in touch with friends and family virtually via text, phone, FaceTime etc.
- If your classes have started, attend your classes through remote learning. If your program has a face-to-face component be sure to advise your program coordinator that you are in self-isolation and will begin attending classes once you have completed your 14 days and are symptom free.
- Monitor your physical and mental health and reach out if you need assistance.

If you develop COVID-19 symptoms

- If you develop symptoms of COVID-19 (e.g., cough, fever, difficulty breathing), download the Province of British Columbia COVID-19 self-assessment tool by downloading the support app or accessing it online at the link above to find out how to get further care.
- If your symptoms are worsening to a point where you cannot manage at home, go to your nearest hospital emergency department, and/or call 911.
- You must begin an additional 14 days in isolation. Relocate to a designated quarantine facility or other suitable place of quarantine. Follow instructions by quarantine officers as provided.

Students are once again reminded that quarantine (self-isolation) is a requirement of the Quarantine Act and is not optional.

After Self-Isolation

- Continue physical distancing AFTER your self-isolation has ended –these recommendations apply to everyone:
- Keep at least 2 meters (6 feet) between yourself and other people. Where not possible wear a non-medical mask.
- Limit group gatherings.



- Connect via phone, video chat, or social media instead of in person.
 - Avoid visiting elderly friends or relatives unless the visit is essential.
 - Keep windows down for essential community trips via taxi or rideshares.
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- While outside, avoid spitting in public, avoid crowds and maintain a distance of two meters (six feet) from those around you. Try to step-aside or pass others quickly and courteously on sidewalks. Passing someone on the sidewalk is not considered close contact or a significant risk for exposure to COVID-19.
 - Download the [BC COVID-19 App](#) for updates, critical alerts, self-assessment tool, and resources from BC public health.